

One and Two Year Opportunities (excluding Graduate School)



Options! Options! Options!

Does one of these situations apply to you?

- You aren't sure what you want to do and need time to explore the possibilities and make some decisions.
- You need to reenergize before beginning a demanding career or graduate degree.
- You want to travel and/or work in a very different environment for a while.
- You want to develop some new skills (a foreign language, teaching, cooking).
- You want to make a meaningful contribution through public service or volunteer work.
- You want to, or need to, work for a year or two before attending graduate or professional school.

Some options include the following:

- Travel/study programs
- Work camps
- Language study programs
- Lobbying or political internships
- Community service programs
- Independent travel
- Outdoor Adventure Companies
- Certificate programs
- Volunteer programs (such as Peace Corps, AmeriCorps, Vista, Teach for America)
- Work through a temporary agency
- Publishing or business institute enrollment
- Environmental programs
- Two-year analyst programs (recruitment generally in the Fall Semester)
- Fellowships

CONSIDERATIONS

Here are some factors to evaluate.

Volunteer work

- Are your interests in environmental, political, or social service areas?
- Which type of population do you want to serve (the homeless, children, etc.)?

Location

- Do you want an urban or rural setting?
- Which country, region, or city do you want to target?

Individual or group experience

- Do you want to live independently or participate in group housing or a formal program?

Benefits and Support

- Will the program you are considering assist you in locating housing, providing medical coverage, and identifying a contact for assistance in emergencies (especially in foreign countries)?

Finances

- Do you need to earn money to finance the experience or do you have savings or family support?

Qualifications/Skills

- Do you want to enhance your skills through further study? If so, which skills do you need to develop for your career goals?
- Does the program you are considering require a foreign language or other skills?

Duration

- Do you want to spend the summer, six months, or a year or two?

Career Exploration

- Which career field do you want to explore through a paid or unpaid internship or other work experience?

Long Term Goals

- How does this time-off period relate to your future plans? (How will it look on your resume or graduate school application?)

SELECTED RESOURCES

- ***Alternatives to the Peace Corps: A Guide to Global Opportunities***, Edited by Caitlin Hachmyer, Food First Books
- ***Green Volunteers: The World Guide to Voluntary Work in Nature Conservation***, Edited by Fabio Ausenda, Green Volunteers Publications
- ***Live and Work in Japan***, by Erica Simms, Crimson Publishing
- ***Living and Working in Britain***, by David Hampshire, Survival Books
- ***Making A Living While Making A Difference***, by Melissa Everett, New Society Publishers
- ***World Volunteers: The World Guide To Humanitarian and Development Volunteering***, Edited by Fabio Ausenda and Erin McCloskey, Green Volunteers Publications
- ***Work Your Way Around The World: A Fresh and Fully Up-to-Date Guide for the Working Traveller***, by Susan Griffith, Crimson Publishing

ONE AND TWO-YEAR OPTIONS—A sample of websites

ADVENTURE JOBS

Adventure Education

www.adventurescrosscountry.com

Guides lead a group of up to 13 teenagers through adventure trips such as backpacking, kayaking, surfing, rafting, sailing, etc. Programs are in western US< Hawaii, Alaska, British Columbia, Australia, Belize, the Caribbean, Costa Rica, Fiji, France, Italy, New Zealand, Spain, Switzerland, Tahiti, and Thailand. (summer, paid)

Backroads

www.backroads.com

Backroads offers more than 150 different active-travel vacations including, bicycling, walking, hiking, and multi-sport journeys in more than 85 destinations around the world. (seasonal, paid)

Bold Earth Adventures

www.aave.com

Adventure travel camp for teenagers in the U.S. and in foreign countries. Trip Leader positions. (4-9 weeks, paid)

Bombard Balloon Adventures

www.bombardsociety.com/jobs

Bombard Balloon Adventures engages guests in hot-air ballooning adventures throughout Europe each May through October as well as in Switzerland during the months of January and February. Along with balloon pilots, chefs, and guides, ground crew facilitates all the details of each ballooning adventure. (seasonal, paid)

International Field Studies

www.intlfieldstudies.org

IFS is a nonprofit organization that operates Forfar Field Station and a sailing program on Andros Island in the Bahamas (where you can find the world's third-largest barrier reef.) Staff education and lead high school and college groups in natural science activities and perform routine maintenance on boats, vehicles, and the facility. Captain and first mate in sailing program live on the boat. (one year, paid)

Mountain Trial Outdoor School

www.kanuga.org

Outdoor education wing of Kanuga Conference Center, a nonprofit conference and retreat center affiliated with the Episcopal Church. (3-5 months, paid)

Outward Bound

www.outwardbound.org/index/cfm/do/exp.jobs

Is the premier provider of experience-based outdoor leadership programs for teens, adults and professionals. Paid positions as instructors, support staff or administrative.

Semester at Sea

www.semesteratsea.org

With Semester at Sea, you'll watch 20-foot waves hit the bow of your "campus" (the MV Explorer), live with Chinese students in a dorm at the University of Beijing, stay at an "untouchable" village in India, learn about the life of the Masai while on safari in Kenya, attend Afro-Venezuelan drum workshop, or study topical rain forests while canoeing down the Amazon River. Staff positions include administrative assistant, assistant dean, AV/media coordinator, bursar, nurse, photographer, and many more. (3-4 months, paid)

Intrepid Suntrek Tours

www.suntrek.com

Travel across the US, Canada, Mexico with a small group of adventure minded people in 15 passenger vans stocked with camping gear. Must complete one of Suntrek's training camps. (4-6 months, paid)

Wilderness Adventure at Eagle Landing

www.wilderness-adventure.com

With a focus on developing leadership, confidence, self-esteem, and teamwork for its participants (ages 9-19), Wilderness Adventures offers one-to-four week courses that involve everything from rock climbing and kayaking to cultural immersion and environmental education. First year leaders are based out of Virginia, although there are future opportunities to lead trips in West Virginia, Alaska, British Columbia, Ecuador, Puerto Rico, and Vietnam. Opportunities to extend seasonal contracts through November or year round. (3+ months, paid)

Wilderness Inquiry

www.wildernessinquiry.org

Wilderness Inquiry is a nonprofit organization that focuses on getting individuals of all ages, backgrounds, and abilities to experience the natural world in destinations throughout the world.

Trip leader positions are seasonal, December – April and June – September. (3-5 months, paid) Internships available

Wilderness Ventures

www.widernessventure.com

Leads wilderness travel adventures for students between the ages of 13-20 to places such as US, Australia, Costa Rica, Ecuador, and Europe. (summer, paid)

The World Outdoors

www.theworldoutdoors.com

Tour leaders guide groups in backcountry biking, hiking, and multi-sport adventures in the US, Australia, Belize, Canada, Costa Rica, Cuba, the Dominican Republic, Mexico, and New Zealand. (seasonal, paid)

CAMPS, RANCHES, AND RESORTS

Club Med-North America

www.clubmedjobs.com

Club Med is the pioneer of the all-inclusive resort. Must commit to 6 months; the summer season starts in May and the winter season begins in November. Positions available in the USA, Bahamas, Caribbean, and Mexico. (6 months +, paid)

Backdoor

www.backdoorjobs.com

Resources for locating short-term adventures and jobs in the U.S. and internationally.

Coolworks

www.coolworks.com

Resource for finding seasonal and career work in great places, like National parks, ranches and resorts in the United States. Categories include camp jobs, conservation corps jobs, guide jobs, jobs on water, jobs on horseback, etc.

ENVIRONMENTAL

Green Dream Jobs

www.sustainablebusiness.com/jobs/index.cfm

This website touts itself as the "Leading green jobs service." It maintains both internship/volunteer and entry-level positions in the U.S. and across the world.

The Mountain Institute

www.mountain.org

The Mountain Institute empowers communities in the world's great mountain systems through education, conservation and sustainable development. TMI has been supporting the environment, economy and culture of mountain populations for more than 38 years. (1 week-8 months, paid)

The School for Field Studies

www.fieldstudies.org

The School for Field Study (SFS) is the country's oldest and largest educational institution exclusively dedicated to teaching and engaging undergraduates in environmental problem solving. Placements are offered in Australia, Costa Rica, Kenya, Mexico and the Turks and Caicos Island. Internships are available for college graduates. (one year, paid)

FELLOWSHIPS

<http://www.distinguishedscholarships.unc.edu/>

Visit the UNC office of Distinguished Scholarships for a list of fellowships and deadlines. You can also visit UCS Careerolina Fellowship Listings on the UCS website.

INTERNATIONAL OPPORTUNITIES

Amerispan Unlimited

www.amerispan.com

Volunteer/internship program offers a wide variety of work in Latin America and Spain. Two- to –six month placements are offered in social work, education, and ESL teaching, health care, environmental programs, and student services.

Volunteers participate in 1-4 week cultural training. Fee to participate in this program. (2-6 months +)

Amigos De Las Americas

www.amigoslink.org

Program begins with 6 month training program in both US and Latin America. Volunteers are assigned to ongoing health, community-development, and environmental programs partnered with sponsoring agencies in the host countries.

There is a program fee and it includes round trip airfare, training materials, orientation, etc. Scholarships are available. (6-8 months)

Amizade

www.amizade.org

Volunteers work with local community at home and abroad to complete a community-identified project that addresses needs in education, environment, or health and well- being. Sites abroad include Brazilian Amazon, Bolivian Andes, Australia, Nepal, Ghana, Jamaica, Ireland, Poland and Germany. There are program fees. (1 week – 1 year)

BUNAC

www.bunac.org

The British Universities North America Club provides US full time students with the coveted Blue Card, allowing participants to obtain paid work experiences for a maximum of six months in England, Scotland, Wales, and Northern Ireland. Students receive information re: living accommodations and employer listings for a fee. There are also opportunities in Peru, Canada, South Africa, New Zealand, and Australia. It is suggested that students bring at least \$1000 to cover personal and living expenses prior to receiving their first paycheck. (1-12 months, paid)

CDS International

www.cdsintl.org

CDS (Culture Diversity Success) International is a non- profit organization dedicated to developing and enhancing opportunities for Americans to participate in meaningful, practical training opportunities in Argentina, Germany, Russia, Spain and Switzerland. CDS provides visa sponsorship and internship placement services as well as study tours and seminars. Visit website to learn about all the programs. There are fees and they vary, depending upon the program. Many internship placements are paid, which cover basic living expenses abroad. (3-18 months, paid)

CIEE

www.ciee.org/isp

Council on International Educational Exchange is a non-profit, non-governmental exchange organization that helps students find teaching abroad positions in Chile, China, Dominican Republic, South Korea, Spain, Vietnam and Thailand. The Teaching positions are salaried and certification is available. There are application and certification fees. (3 months – 12 months, paid)

Go Abroad

www.goabroad.com

Find Study Abroad, Volunteer Abroad, Internships Abroad, Teach Abroad, Degree Abroad Programs, TEFL, Language Courses Abroad & Scholarships on GoAbroad.com.

Peace Corps

<http://www.peacecorps.gov>

The Peace Corps volunteers work for 26 months in a developing nation helping communities and individuals. Peace Corps offers a wide range of opportunities in fields including Public Health, Business, Education, Youth Development and Sustainable Agriculture.

PUBLIC/SOCIAL SERVICE (Mainly in the U.S.)

Americorps

<http://www.americorps.org>

A national service program in which members dedicate 1 year of service in exchange for a living stipend and an educational award that can be used to pay student loans or future educational expenses.

Avodah

<http://www.avodah.net>

The Jewish Service Corps integrates work for social change, Jewish learning, and community building.

Brethren Volunteer Service

www.brethrenvolunteerservice.org

BVS give volunteers a variety of programs (more than 150) in 24 states and in 17 countries. Volunteers begin with a 3 week orientation. Positions in US require one year commitment. Overseas positions require two years. Volunteers receive room, board, medical coverage, life insurance, transportation to and from the project, a monthly allowance of \$60, and an annual retreat. The financial costs include transportation to the orientation and an overseas travel fee. Some projects qualify for an AmeriCorps education award. (1-2 years, paid)

Center for Student Missions

www.csm.org

Urban and intercultural mission trips in 10 major cities throughout the US and Toronto, Canada. There is a nominal fee. (3-11 months, paid)

Chingachgook YMCA Outdoor Center and Camp

www.chingachgook.org

(Pronounced chin-ja-cook), located on spectacular Lake George in the New York Adirondacks, provides year-round programs for children and young adults. (3-9 months, paid)

Camphill Association of North America

www.camphill.org

Camphill is a way of life. There are no shifts, salaries, no relative values placed on people according to the nature of the work they do. There are plenty of jobs to be done and tasks are undertaken for the good of the whole. Whether you are looking for an internship opportunity, a formal training program, a short-term volunteer experience, or a new fully committed life-style, Camphill offers a variety of time frames and commitments. Co workers receive room and board and a monthly stipend for personal expenses. Those who provide a year of experience may be eligible for an AmeriCorps educational award. (3-12+ months, paid)

Catholic Network Volunteer Network

<http://www.catholicvolunteernetwork.org/>

CNVS publishes an annual directory of volunteer opportunities that includes over 200 faith-based, full-time volunteer programs in the U.S. and more than 100 countries. Each program has its own combination of benefits and compensations; most include a stipend, room and board, and health insurance. (2 weeks-2years + paid)

Congressional Hunger Center

www.hungercenter.org

Develops leaders in the fight against hunger. Throughout US (6 months) and in DC (6 months). (1 year, paid).

The Bill Emerson Hunger Fellows Program is a 12 month program with a 6-month placement in grassroots organization in US and then 6 months are spent in D.C. Fellows receive a modest living allowance that averages \$14,500 for the year. Benefits include health insurance, relocation stipends, and an end of service cash award of \$3,500. Housing and travel to assignments is provided. (1 year paid)

Eckerd Youth Alternatives

www.eckerd.org

Wilderness youth counselors supervise a group of ten to twelve at-risk youths 24 hours a day. The position is salaried and includes a whole range of benefits. (2 years, paid)

Habitat for Humanity, Global Village Program

www.habitat.org/gv

See website for program fees and national and international volunteer opportunities.

Jesuit Volunteer Corps

www.jesuitvolunteers.org

Volunteers for social justice and peace in the U.S. and in foreign countries—serve the homeless, unemployed, refugees, people with AIDS, elderly, street youth, abused women and children, mentally ill and developmentally disabled.

Mercy Ships

www.mercyships.org

Non-profit Christian humanitarian organization committed to a threefold purpose of mercy and relief, training and ministry. Provides medical care in more than 75 port cities. Openings as deck hand, baker, administrative, carpenters, and translators. (2 weeks – 2 years)

Spring Lake Ranch

www.springlakeranch.org

Small therapeutic work community where residents decide to come because stress, breakdown, or illness has interrupted the normal progress of their lives. House advisor/work crew leaders are responsible for the residents with whom they share a living space. They also lead and participate in a variety of tasks and activities. (6 months – 2 years, paid)

Teach for America

www.teachforamerica.org

Recruits outstanding recent college graduates to commit two years to teach in low-income rural and urban communities and become lifelong leaders to combat the achievement gap in our schools.

PUBLISHING AND BUSINESS INSTITUTES

Bookjobs.com

www.bookjobs.com/listprograms.php

The website bookjobs.com is a comprehensive website for anyone interested in the publishing industry. It contains information on different types of publishing, maintains company profiles and a list of publishing events, as well as job and internship listings. The link above will take you directly to a list of publishing certificates, institutes and graduate programs. The Columbia University (formerly Radcliff) and University of Denver programs are two of the oldest publishing institutes in the country. Fee.

Carolina Business Institute

<http://www.fridaycenter.unc.edu/pdep/cbi/index.htm>

The Carolina Business Institute is a four and a half week summer program (May-June) for non-business majors to gain information about the corporate and business world. Classes are taught by UNC Kenan-Flagler graduates and faculty and cover accounting, marketing, management and organization, finance, and operations management. Fees apply.

UNC Business Essentials

<http://www.kenan-flagler.unc.edu/businessessentials/>

The UNC Business Essentials online business certificate program provides students and graduates with non-business degrees the business skills and knowledge necessary to help them pursue their career goals and make a positive impact in any organization. This business education program can also help current employees gain a deeper understanding of business concepts and allows them to build their business skills and knowledge in a flexible e-learning environment that limits associated costs and time away from work. Fees apply.

SUSTAINABLE LIVING AND FARMING OPPORTUNITIES

Educational Concerns for Hunger Organization

www.echonet.org

ECHO cultivates one of the largest collections of tropical food plants in the U.S. The 50 acre farm serves as a training facility for interns, as an educational tool for public tours, and as a production farm for seed and nursery plants. After 12 months in Florida, interns can spend three month cross-cultural experience in Haiti. (12-15 months, paid)

International Agricultural Exchange Association

www.agrventure.com

IAEA and a network of past trainees and host families connect participants to farming and agriculture jobs in Australia, Canada, Japan, New Zealand, Western Europe, the United Kingdom, and the US. (4-12months, paid)

MAST International Experience Abroad

www.mast.cfans.umn.edu

MAST International offers those between the ages of 18-30 the opportunity to participate in 12-18 month training assignments in agriculture, horticulture, or forestry in 18 countries around the globe. There is a program fee plus airfare, insurance, visa, personal expenses, and in country program fees are additional. (3-12 months)

Willing Workers of Organic Farms

www.woof.org

Check the website to learn about volunteer opportunities on organic farms around the world.

TEACH ENGLISH ABROAD (See separate handout—"Teaching Options for Non-Education Majors")