Does one of these situations apply to you?

- Aren’t sure what you want to do and need time to explore possibilities
- Need to reenergize before beginning demanding career or graduate degree
- Would like to travel or work in a very different environment
- Want to develop new skills (foreign language, teaching, cooking)
- Desire to make meaningful contributions through public service or volunteer work
- Need or want to work for a year or two before attending graduate or professional school

**Some options include the following:**

- Travel/study programs
- Work camps
- Language study programs
- Lobbying or political internships
- Community service programs
- Independent travels
- Outdoor adventures
- Certificate programs
- Service/advocacy programs
- Work through a temporary agency
- Publishing or business institute enrollment
- Environmental programs
- Fellowships
- Two-year analyst programs (recruitment generally in the Fall Semester)

**GENERAL SITES**

**Back Door Guide to Short-term Job Adventures** [www.backdoorjobs.com](http://www.backdoorjobs.com)
Opportunities to work, travel, play, live, learn, create, experience and grow.

**Binghamton University Career Development Center** [www2.binghamton.edu/career-development-center/students/undergraduate/finding-a-job/short-term-opportunities.html](http://www2.binghamton.edu/career-development-center/students/undergraduate/finding-a-job/short-term-opportunities.html)
Clearinghouse of short-term opportunities.

**Idealist** [www.idealist.org](http://www.idealist.org)
Idealist connects people, organizations (nonprofits, NGOs), and resources to help build a world where all people can live free and dignified lives.

**Transitions Abroad** [www.transitionsabroad.com](http://www.transitionsabroad.com)
The pioneering travel resource for meaningful work, living and study abroad.

**ADVENTURE JOBS**

**Adventure Education** [www.adventurescrosscountry.com](http://www.adventurescrosscountry.com)
Guides lead a group of up to 13 teenagers through adventure trips such as backpacking, kayaking, surfing, rafting, sailing, etc.
Programs are in western US, Hawaii, Alaska, British Columbia, Australia, Belize, the Caribbean, Costa Rica, Fiji, France, Italy, New Zealand, Spain, Switzerland, Tahiti, and Thailand. (summer, paid)

**Backroads** [www.backroads.com](http://www.backroads.com)
Backroads offers more than 150 different active-travel vacations including, bicycling, walking, hiking, and multi-sport journeys in more than 85 destinations around the world. (seasonal, paid)

**Bold Earth Adventures** [www.aave.com](http://www.aave.com)
Adventure travel camp for teenagers in the U.S. and in foreign countries. Trip Leader positions. (4-9 weeks, paid)
Bombard Balloon Adventures [www.bombardsociety.com/jobs]
Bombard Balloon Adventures engages guests in hot-air ballooning adventures throughout Europe each May through October as well as in Switzerland during the months of January and February. Along with balloon pilots, chefs, and guides, ground crew facilitates all the details of each ballooning adventure. (seasonal, paid)

International Field Studies [www.intlfieldstudies.org]
IFS is a nonprofit organization that operates Forfar Field Station and a sailing program on Andros Island in the Bahamas. Staff educate and lead high school and college groups in natural science activities and perform routine maintenance on boats, vehicles, and the facility. Captain and first mate in sailing program live on the boat. (one year, paid)

Mountain Trial Outdoor School [www.kanuga.org]
Outdoor education wing of Kanuga Conference Center, a nonprofit conference and retreat center affiliated with the Episcopal Church. (3-5 months, paid)

Outward Bound [www.outwardbound.org/index/cfm/do/exp.jobs]
The premier provider of experience-based outdoor leadership programs for teens, adults and professionals. Paid positions as instructors, support staff or administrative.

Semester at Sea [www.semesteratsea.org]
With Semester at Sea, you'll watch 20-foot waves hit the bow of your “campus” (the MV Explorer), live with Chinese students in a dorm at the University of Beijing, stay at an “untouchable” village in India, learn about the life of the Masai while on safari in Kenya, attend Afro-Venezuelan drum workshop, or study topical rain forests while canoeing down the Amazon River. Staff positions include administrative assistant, assistant dean, AV/media coordinator, bursar, nurse, photographer, and many more. (3-4 months, paid)

Intrepid Suntrek Tours [www.suntrek.com]
Travel across the US, Canada, Mexico with a small group of adventure minded people in 15 passenger vans stocked with camping gear. Must complete one of Suntrek's training camps. (4-6 months, paid)

Wilderness Adventure at Eagle Landing [www.wilderness-adventure.com]
With a focus on developing leadership, confidence, self-esteem, and teamwork for its participants (ages 9-19), Wilderness Adventures offers one-to-four week courses that involve everything from rock climbing and kayaking to cultural immersion and environmental education. First year leaders are based out of Virginia, although there are future opportunities to lead trips in West Virginia, Alaska, British Columbia, Ecuador, Puerto Rico, and Vietnam. Opportunities to extend seasonal contracts through November or year round. (3+ months, paid)

Wilderness Inquiry [www.wildernessinquiry.org]
Wilderness Inquiry is a nonprofit organization that focuses on getting individuals of all ages, backgrounds, and abilities to experience the natural world in destinations throughout the world. Trip leader positions are seasonal, December – April and June – September. (3-5 months, paid) Internships available.

Wilderness Ventures [www.wildernessventure.com]
Leads wilderness travel adventures for students between the ages of 13-20 to places such as US, Australia, Costa Rica, Ecuador, and Europe. (summer, paid)

The World Outdoors [www.theworldoutdoors.com]
Tour leaders guide groups in backcountry biking, hiking, and multi-sport adventures in the US, Australia, Belize, Canada, Costa Rica, Cuba, the Dominican Republic, Mexico, and New Zealand. (seasonal, paid)
CAMPS, RANCHES, AND RESORTS

Club Med-North America  www.clubmedjobs.com
Club Med is the pioneer of the all-inclusive resort. Must commit to 6 months; the summer season starts in May and the winter season begins in November. Positions available in the USA, Bahamas, Caribbean, and Mexico. (6 months +, paid)

Coolworks  www.coolworks.com
Resource for finding seasonal and career work in great places, like National parks, ranches and resorts in the United States. Categories include camp jobs, conservation corps jobs, guide jobs, jobs on water, jobs on horseback, etc.

ENVIRONMENTAL

Green Dream Jobs www.sustainablebusiness.com/jobs/index.cfm
This website touts itself as the “Leading green jobs service.” It maintains both internship/volunteer and entry-level positions in the U.S. and across the world.

The Mountain Institute www.mountain.org
The Mountain Institute empowers communities in the world’s great mountain systems through education, conservation and sustainable development. TMI has been supporting the environment, economy and culture of mountain populations for more than 38 years. (1 week-8 months, paid)

The School for Field Studies www.fieldstudies.org
The School for Field Study (SFS) is the country’s oldest and largest educational institution exclusively dedicated to teaching and engaging undergraduates in environmental problem solving. Placements are offered in Australia, Costa Rica, Kenya, Mexico and the Turks and Caicos Island. Internships are available for college graduates. (one year, paid)

FELLOWSHIPS

UNC Office of Distinguished Scholarships http://www.distinguishedscholarships.unc.edu/
Visit the UNC office of Distinguished Scholarships for a list of fellowships and deadlines. You can also visit UCS Careerolina Fellowship Listings on the UCS website.

INTERNATIONAL OPPORTUNITIES

Amerispan Unlimited www.amerispan.com
Volunteer/internship program offers a wide variety of work in Latin America and Spain. Two- to six-month placements are offered in social work, education, and ESL teaching, health care, environmental programs, and student services. Volunteers participate in 1-4 week cultural training. Fee to participate in this program. (2-6 months)

Amigos De Las Americas www.amigoslink.org
Program begins with 6 month training program in both US and Latin America. Volunteers are assigned to ongoing health, community-development, and environmental programs partnered with sponsoring agencies in the host countries. There is a program fee and it includes round trip airfare, training materials, orientation, etc. Scholarships are available.

Amizade www.amizade.org
Volunteers work with local community at home and abroad to complete a community-identified project that addresses needs in education, environment, or health and well-being. Sites abroad include Brazilian Amazon, Bolivian Andes, Australia, Nepal, Ghana, Jamaica, Ireland, Poland and Germany. There are program fees. (1 week – 1 year)

BUNAC www.bunac.org
The British Universities North America Club provides US full time students with the coveted Blue Card, allowing participants to obtain paid work experiences for a maximum of six months in England, Scotland, Wales, and Northern Ireland. Students receive information re: living accommodations and employer listings for a fee. There are also opportunities in Peru, Canada, South Africa, New Zealand, and Australia. (1-12 months, paid)
I-2 YEAR OPPORTUNITIES

CDS International [www.cdsintl.org](http://www.cdsintl.org)
CDS (Culture Diversity Success) International is a non-profit organization dedicated to developing and enhancing opportunities for Americans to participate in meaningful, practical training opportunities in Argentina, Germany, Russia, Spain and Switzerland. CDS provides visa sponsorship and internship placement services as well as study tours and seminars. Visit website to learn about all the programs. There are fees and they vary, depending upon the program. Many internship placements are paid, which cover basic living expenses abroad. (3-18 months, paid)

CIEE [www.ciee.org/isp](http://www.ciee.org/isp)
Council on International Educational Exchange is a non-profit, non-governmental exchange organization that helps students find teaching abroad positions in Chile, China, Dominican Republic, South Korea, Spain, Vietnam and Thailand. The Teaching positions are salaried and certification is available. There are application and certification fees. (3 months – 12 months, paid)

Cross-Cultural Solutions [www.crossculturalsolutions.org](http://www.crossculturalsolutions.org)
Operate volunteer programs around the world in partnership with sustainable community initiatives, bringing people together to work side-by-side while sharing perspectives and fostering cultural understanding.

Cultural Vistas [www.culturalvistas.org](http://www.culturalvistas.org)
Cultural Vistas is committed to its mission to enrich minds, advance global skills, build careers, and connect lives through international exchange.

Echoing Green [www.echoinggreen.org](http://www.echoinggreen.org)
Believe positive change is only possible when you live boldly, taking responsibility for finding your unique role in making the world a better place.

Foreign Policy Association [www.fpa.org](http://www.fpa.org)
Founded in 1918, the mission of the Foreign Policy Association today, as it has been throughout its 95-year history, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues.

Global H.E.E.D [www.globalheed.org](http://www.globalheed.org)
Create a self-propelling cycle of social change by fostering the development of servant-leaders and social entrepreneurs who can empower and engage others, either within their own community or other communities throughout the world, to holistically address poverty and multifaceted social issues.

Go Abroad [www.goabroad.com](http://www.goabroad.com)
Find Study Abroad, Volunteer Abroad, Internships Abroad, Teach Abroad, Degree Abroad Programs, TEFL, Language Courses Abroad & Scholarships on GoAbroad.com.

Go Overseas [www.gooverseas.com](http://www.gooverseas.com)
Serves as a hub for people looking to volunteer, teach, study, or intern abroad.

Going Global [www.online.goingglobal.com/default.aspx](http://www.online.goingglobal.com/default.aspx)
Resource subscribed to by University Career Services on behalf of UNC-Chapel Hill students. Create a personal account or login directly on any campus computer. Going Global jobs and internship database consists of more than 16 million postings around the world.

InterExchange [www.interexchange.org](http://www.interexchange.org)
InterExchange is a nonprofit organization devoted to promoting cross-cultural awareness through work and volunteer exchange programs.
I-2 YEAR OPPORTUNITIES

Microfinance Gateway  [www.microfinancegateway.org](http://www.microfinancegateway.org)
Online resource for the global community dedicated to advancing access to financial services for the poor.

Mountbatten Institute  [www.mountbatten.org](http://www.mountbatten.org)
Postgraduate Certificate in International Business Practice (PGC) combined with work placements in London or New York.
MBA in International Business Practice combined with work placements in London or New York, and followed by Asia Pacific field study based in Bangkok, Thailand.

The Peace Corps volunteers work for 26 months in a developing nation helping communities and individuals. Peace Corps offers a wide range of opportunities in fields including Public Health, Business, Education, Youth Development and Sustainable Agriculture.

USAID staff work in more than 100 countries around the world with the same overarching goals outlined 50 years ago – furthering America’s foreign policy interests in expanding democracy and free markets while also extending a helping hand to people struggling to make a better life, recover from a disaster or striving to live in a free and democratic country. It is this caring that stands as a hallmark of the United States around the world.

United Nations Volunteers  [www.unv.org](http://www.unv.org)
The United Nations Volunteers (UNV) program is the UN organization that contributes to peace and development through volunteerism worldwide.

Visions in Action  [www.visionsinaction.org](http://www.visionsinaction.org)
An international development organization based in Washington, DC with field offices in Uganda, Tanzania, South Africa and Liberia. VIA implements its own development programs in the areas of food security, education, international exchange, and HIV/AIDS, while also providing volunteer programs for those looking for a long-term international experience in developing countries.

PUBLIC/SOCIAL SERVICE (Mainly in the U.S.)

Americorps  [http://www.americorps.org](http://www.americorps.org)
A national service program in which members dedicate 1 year of service in exchange for a living stipend and an educational award that can be used to pay student loans or future educational expenses.

Avodah  [http://www.avodah.net](http://www.avodah.net)
The Jewish Service Corps integrates work for social change, Jewish learning, and community building.

Brethren Volunteer Service  [www.brethrenvolunteerservice.org](http://www.brethrenvolunteerservice.org)
BVS give volunteers a variety of programs (more than 150) in 24 states and in 17 countries. Volunteers begin with a 3 week orientation. Positions in US require one year commitment. Overseas positions require two years. Volunteers receive room, board, medical coverage, life insurance, transportation to and from the project, a monthly allowance of $60, and an annual retreat. The financial costs include transportation to the orientation and an overseas travel fee. Some projects qualify for an AmeriCorps education award. (1-2 years, paid)

Center for Student Missions  [www.csm.org](http://www.csm.org)
Urban and intercultural mission trips in 10 major cities throughout the US and Toronto, Canada. There is a nominal fee. (3-11 months, paid)

Chingachgook YMCA Outdoor Center and Camp  [www.chingachgook.org](http://www.chingachgook.org)
(Pronounced chin-ja-cook), located on spectacular Lake George in the New York Adirondacks, provides year-round programs for children and young adults. (3-9 months, paid)
I-2 YEAR OPPORTUNITIES

Camphill Association of North America  [www.camphill.org](http://www.camphill.org)
Whether you are looking for an internship opportunity, a formal training program, a short-term volunteer experience, or a new fully committed life-style, Camphill offers a variety of time frames and commitments. Co-workers receive room and board and a monthly stipend for personal expenses. Those who provide a year of experience may be eligible for an AmeriCorps educational award. (3-12+ months, paid)

CNVS publishes an annual directory of volunteer opportunities that includes over 200 faith-based, full-time volunteer programs in the U.S. and more than 100 countries. Each program has its own combination of benefits and compensations; most include a stipend, room and board, and health insurance. (2 weeks-2 years, paid)

Congressional Hunger Center  [www.hungercenter.org](http://www.hungercenter.org)
Develops leaders in the fight against hunger. Throughout US (6 months) and in DC (6 months). (1 year, paid). The Bill Emerson Hunger Fellows Program is a 12 month program with a 6-month placement in grassroots organization in US and then 6 months are spent in D.C. Fellows receive a modest living allowance that averages $14,500 for the year. Benefits include health insurance, relocation stipends, and an end of service cash award of $3,500. Housing and travel to assignments is provided. (1 year paid)

Eckerd Youth Alternatives  [www.eckerd.org](http://www.eckerd.org)
Wilderness youth counselors supervise a group of ten to twelve at-risk youths 24 hours a day. The position is salaried and includes a whole range of benefits. (2 years, paid)

Habitat for Humanity, Global Village Program  [www.habitat.org/gv](http://www.habitat.org/gv)
See website for program fees and national and international volunteer opportunities.

Human Rights Watch  [www.hrw.org](http://www.hrw.org)
One of the world’s leading independent organizations dedicated to defending and protecting human rights. For more than 30 years, Human Rights Watch has worked tenaciously to lay the legal and moral groundwork for deep-rooted change and has fought to bring greater justice and security to people around the world.

International Crisis Group  [www.crisisgroup.org](http://www.crisisgroup.org)
The International Crisis Group is an independent, non-profit, non-governmental organization committed to preventing and resolving deadly conflict.

Jesuit Volunteer Corps  [www.jesuitvolunteers.org](http://www.jesuitvolunteers.org)
Volunteers for social justice and peace in the U.S. and in foreign countries—serve the homeless, unemployed, refugees, people with AIDS, elderly, street youth, abused women and children, mentally ill and developmentally disabled.

Mercy Ships  [www.mercyships.org](http://www.mercyships.org)
Non-profit Christian humanitarian organization committed to a threefold purpose of mercy and relief, training and ministry. Provides medical care in more than 75 port cities. Openings as deck hand, baker, administrative, carpenters, and translators. (2 weeks – 2 years)

ProWorld  [www.proworldvolunteers.org](http://www.proworldvolunteers.org)
ProWorld offers intern, volunteer and study abroad experiences for individuals and families looking to make a difference abroad while gaining the cross-cultural skills and knowledge to succeed as global citizens.

Spring Lake Ranch  [www.springlakeranch.org](http://www.springlakeranch.org)
Small therapeutic work community where residents decide to come because stress, breakdown, or illness has interrupted the normal progress of their lives. House advisor/work crew leaders are responsible for the residents with whom they share a living space. They also lead and participate in a variety of tasks and activities. (6 months – 2 years, paid)

**Teach for America** [www.teachforamerica.org](http://www.teachforamerica.org)
Recruits outstanding recent college graduates to commit two years to teach in low-income rural and urban communities and become lifelong leaders to combat the achievement gap in our schools.

**PUBLISHING AND BUSINESS INSTITUTES**

**Bookjobs.com** [www.bookjobs.com/listprograms.php](http://www.bookjobs.com/listprograms.php)
The website bookjobs.com is a comprehensive website for anyone interested in the publishing industry. It contains information on different types of publishing, maintains company profiles and a list of publishing events, as well as job and internship listings. The link above will take you directly to a list of publishing certificates, institutes and graduate programs. The Columbia University (formerly Radcliffe) and University of Denver programs are two of the oldest publishing institutes in the country. Fee.

**Carolina Business Institute** [http://www.fridaycenter.unc.edu/pdep/cbi/index.htm](http://www.fridaycenter.unc.edu/pdep/cbi/index.htm)
The Carolina Business Institute is a four and a half week summer program (May-June) for non-business majors to gain information about the corporate and business world. Classes are taught by UNC Kenan-Flagler graduates and faculty and cover accounting, marketing, management and organization, finance, and operations management. Fees apply.

**UNC Business Essentials** [http://www.kenan-flagler.unc.edu/businessessentials/](http://www.kenan-flagler.unc.edu/businessessentials/)
The UNC Business Essentials online business certificate program provides students and graduates with non-business degrees the business skills and knowledge necessary to help them pursue their career goals and make a positive impact in any organization. This business education program can also help current employees gain a deeper understanding of business concepts and allows them to build their business skills and knowledge in a flexible e-learning environment that limits associated costs and time away from work. Fees apply.

**SUSTAINABLE LIVING AND FARMING OPPORTUNITIES**

**Educational Concerns for Hunger Organization** [www.echonet.org](http://www.echonet.org)
ECHO cultivates one of the largest collections of tropical food plants in the U.S. The 50 acre farm serves as a training facility for interns, as an educational tool for public tours, and as a production farm for seed and nursery plants. After 12 months in Florida, interns can spend three month cross-cultural experience in Haiti. (12-15 months, paid)

**International Agricultural Exchange Association** [www.agriventure.com](http://www.agriventure.com)
IAEA and a network of past trainees and host families connect participants to farming and agriculture jobs in Australia, Canada, Japan, New Zealand, Western Europe, the United Kingdom, and the US. (4-12months, paid)

**MAST International Experience Abroad** [www.mast.cfans.umn.edu](http://www.mast.cfans.umn.edu)
MAST International offers those between the ages of 18-30 the opportunity to participate in 12-18 month training assignments in agriculture, horticulture, or forestry in 18 countries around the globe. There is a program fee plus airfare, insurance, visa, personal expenses, and in country program fees are additional. (3-12 months)

**Willing Workers of Organic Farms** [www.woof.org](http://www.woof.org)
Check the website to learn about volunteer opportunities on organic farms around the world.

**TEACH ENGLISH ABROAD** (See separate handout—“Teaching Options for Non-Education Majors”)