It’s that (incredibly busy) time of year again! UCS is temporarily bringing in an additional prehealth advisor to help with the volume of student appointments this semester, and he will be dedicated to working with first and second years. This allows me to focus on upperclassmen gearing up for or in the midst of the application process. Dr. Anthony Hilger has been science faculty for 40+ years, primarily in medical and allied health programs, most recently (and for the longest) here in our Clinical Laboratory Science program. He’s a wonderful resource and we’re lucky to have him.

1. Mingling Workshop (led by yours truly)
2. AMWHO
3. Health Humanities Journal
4. Project Horseshoe Fellowship/Internship
5. ECU School of Dental Medicine Events – Webinar, Info session and tour
6. UNC Medicine Care Assistant Traineeship
7. Kaplan Free Practice Test
8. Altius Test Prep Info

1. **Hone Your Social Graces!** : Learn how to mingle and navigate social situations. Light refreshments will be provided.
   **RSVP required through Careerolina.**
   **Wednesday, January 25**
   **4:00-5:00pm**
   **239a/b Hanes Hall**

2. AMWHO is a student-run organization whose goal is to introduce prospective public health students and professionals into the organization and setup of the World Health Organization. Our organization was founded at UNC and is continuing to grow each year to other universities as well. Each year we host a conference where students are invited to debate health policy, engage with other students, and meet other professionals involved in the field of global public health. This year we are organizing a new event, a one-day regional summit on infectious diseases. The date is set to be Saturday, April 8th, 2017 from 8:30am-9:00pm with food. Early bird registration is $15 until February 10th. After that, registration is $20 until March 12th. Late registration after March 12th is $25 until March 26th. Please register at [https://docs.google.com/forms/d/e/1FAIpQLSfPO5471mt41D201Ue8SSZdgy1JgBcEKHy5xAf91WI5Gk8FA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfPO5471mt41D201Ue8SSZdgy1JgBcEKHy5xAf91WI5Gk8FA/viewform). If you have any questions, please email amwho@unc.edu or anniean@live.unc.edu. Thanks!"

3. The Health Humanities Journal of UNC-Chapel Hill is currently accepting submissions for its Spring 2017 issue. We are an interdisciplinary journal that works to inspire and facilitate interdisciplinary thinking and expression related to health, illness, caregiving and medicine. This publication allows for dialogue, meaning-making, and multiple representations of the body, mind, health/illness and experiences dealing with the medical system. Submission categories include (but are not limited to): narratives, fiction, poetry, academic research, opinion pieces, book reviews, interviews, artwork, and
4. Project Horseshoe Farm--Gap Year Community Health Fellowship OR Internship (semester/summer available)  

**Application Deadline: February 12th**  
Looking for hands-on experience in community health, non-profit leadership, or education? Consider the Project Horseshoe Farm fellowship in Alabama!  
- Design and manage adult day programs that build upon strengths of the community  
- Staff a supported housing program for elderly women with mental illness  
- Work with vulnerable members of the community to facilitate wellness and improve quality of life  
- Manage afterschool programs for K-12th graders  
- Gain first-hand experience in community healthcare, non-profit management, and education  
For more information, visit our website [www.ProjectHSF.org](http://www.ProjectHSF.org). Please send any questions to either hsf.fellows@gmail.com or former fellow Linda Yang at yangli@live.unc.edu  

5. The ECU School of Dental Medicine would like to announce two special events coming up next month. These events are open to prospective applicants and we also invite you to participate in the Webinar as may answer questions that your advisees may have as well.  
On Friday, February 3rd at 3PM, we are hosting a Prospective Student Webinar. For those that are able, we invite you to join us in Ross Hall to attend this event. Do not worry, if you are unable to attend in person, we will stream the session live through a WebEx Webinar meeting. You may listen in or video stream the session. We will also allow ample time to answer your questions.  
Additionally, we are hosting an Information Session and Tour on Friday, February 17th at 3:30 PM. This tour is a great opportunity for Pre-Dental groups to attend as well. Please contact Ms. Carla Williams at the email address below if your group will be in attendance.  
Registration is required for both events. To register for the Prospective Student Webinar, CLICK HERE. For Information Session and Tour Registration, CLICK HERE.  
If you have any questions concerning either event, please send those to sodmadmissions@ecu.edu.  

6. **Care Assistant Traineeship Opportunities at UNC Internal Medicine**  
The UNC Internal Medicine Clinic is dedicated to improving the health of North Carolina’s adults. We strive to attain this goal by providing high quality care, performing innovative practice-based research, and training the physicians of the future. We offer primary care services and specialize in the provision of innovative care for medically complex patients with multiple health issues.  
Our multidisciplinary disease management Enhanced Care programs (including our Diabetes Program, Heart Failure, Chronic Pain Clinic and Depression Care Program as examples) are anchored by care assistants (CA). These positions offer a great opportunity for graduates considering application to medical school, social work, pharmacy school, physician assistant or nurse practitioner programs to gain experience in the health care setting. Care assistants are full-time employees who participate in direct patient care, program support and quality improvement work. While each Enhanced Care program has a dedicated support team, CA’s will be trained to provide coverage across multiple Enhanced Care programs.
Information regarding our position as well as the application can be found at: http://www.med.unc.edu/im/enhanced-care-training-programs/CA.

7. Practice with a purpose! Take a free Kaplan Pre-Health quiz or practice test and help a student in need. http://ktp.events/UNCChapelHill

8. The Altius Test Prep January Short-Track MCAT Course is starting next week, on Jan. 23rd. If you're planning on getting involved, you'll need to contact Altius this week. You can visit https://altiustestprep.com/programs to enroll, or to gather more information.

For students who are planning to self-study for the MCAT, Altius has offered an exclusive discount to our premeds who purchase the Altius Full-Length Practice Exams. If you plan to enroll in any of the Altius MCAT Programs, these tests will be included in your mentoring program. However, for self-study students who would just like the exams, you can visit http://altiustestprep.com/tests and call your Regional Enrollment Director at 435-671-5783 to get a coupon code that will save you $50.00 off our set of ten practice exams.

If you have specific questions about Altius, or these practice tests, your Enrollment Director assigned to your University can be reached at 435-671-5783.