I hope everybody's surviving their FWOC (which I’m deciding stands for First Week of Classes, which I just made up right now, so let’s totally make that a thing). Today you basically get two listservs for the price of one, because I’m straight up cutting & pasting the entirety of the Writing/Learning Center’s informational newsletter into the beginning of this one, because it’s my listserv and I do what I want. And it’s also INCREDIBLY IMPORTANT AND USEFUL INFORMATION. Note the STEM support and time management workshops/sessions in particular. Remember how I always tell y’all that there are entire departments on campus who have the sole job of helping UNC students succeed? This is one of the best at that mission. There is no downside to asking for help….early and often if necessary.

This week at the Writing Center and Learning Center...

We're OPEN for Appointments:
At the Writing Center, you can make an appointment with a writing coach to work on any writing assignment at any stage of your writing process. Appointments available in SASB North and Greenlaw. Find out more and make an appointment here.

At the Learning Center, you can work with one of our academic coaches to improve any aspect of your academic life: better manage your time, read more efficiently, improve your study strategies, ace your tests, and work toward overall academic/life balance. Set smart goals, take action, and stay accountable. Find out more and make an appointment here.

Pop by the Writing and Learning Center!
Come by the SASB Plaza 11am-3pm on Tuesday and Wednesday or 11am-1pm on Thursday and Friday this week to grab one of our Semester-At-A-Glance wall calendars, or pop in our offices in the lower level of SASB anytime!

Semester Kickoff
Want to increase your academic/life balance? Join us for our Semester Kickoff, where you can outline your semester goals, create a weekly routine for yourself, and learn how to maximize your time. Be your best this semester! Snacks and door prizes included...

Wed, August 31: 5-7pm Register here.

Start Strong Coaching Group
Want to have your best possible semester? Join our weekly group to set goals and make action plans with accountability. Start Strong begins Wednesday, August 31st from 1-2pm and goes until Fall Break. Contact mailto:mhowlett@unc.edu for more info or register here.

Coming soon...

STEM Support: BIOL 101, CHEM 101, and MATH 110, 130, 231
We offer collaborative learning groups for BIOL 101 (Bio Cell for Hogan or DeSai), CHEM 101 (CHEMpossible), and Math 110, 130, and 231 (Math Plus). These groups focus on current content and help you study efficiently and effectively for these classes. All groups start next week, but sign up now!

Workshops: Study Smarter & Time Management
You won’t regret spending an hour of your time to find out secrets of optimal studying and calendar management!

Study Smarter, Not Harder: Thurs., Sept. 1st @3:30pm
Time Management: Own Your Calendar: Weds, Sept. 7th, 3:35pm

Success at Carolina Coaching Group for Students with ADHD or LD
This six-week coaching group is for undergraduates who have, or think they have, ADHD and/or learning differences (LD). Learn to leverage your differences as strengths! Set specific goals and develop action plans with accountability to increase follow-through and to learn from both successes and setbacks. Tuesdays, starting Sept. 13. More info and registration here. Questions? Contact Theresa Maitland: tmaitlan@email.unc.edu
1. Clinical Lab Science Program info sessions
2. Pre-Pharmacy Mentoring program
3. Duke Ambassador Program
4. Research Opportunity – Internet Tobacco Vendors/Lineberger Cancer Center
5. Part Time Campus Poster Rep – Examkrackers
6. Duke Lunch Forum

1. **ATTN Pre-Pharmacy Students!!**
Mentoring Future Leaders in Pharmacy (M-FLiP) is a program that pairs undergraduate students at UNC and NCSU with current Doctor of Pharmacy students at the UNC Eshelman School of Pharmacy. The Mentor-Mentee pairs will meet a few times each semester as well as have opportunities to attend pre-pharmacy and professional development seminars. Interest meetings, held in **Beard 102 at the School of Pharmacy**, will begin in early September. You only need to attend one interest meeting as they will all cover the same material. It is very low time commitment and is meant to supplement the pre-pharmacy club.

**Interest Meetings:**
5:30 pm Tuesday, Sept. 6
6:00 pm Wednesday, Sept. 7
5:30 pm Thursday, Sept. 8

Please contact pharmacy_mentoring@unc.edu with any questions you may have. We look forward to seeing you there!

2. **UNC Clinical Laboratory Science (CLS)**
Clinical Lab Science is a health profession that uses laboratory sciences to diagnose and treat disease. UNC-CH offers undergraduate and graduate degrees for students that have a talent for science, an eye for details, and a desire to help others. Learn more about CLS by signing up for one of more of the following:
- Participate in one of our "open labs", where you can meet current students and get a glimpse of the student laboratory, the profession and the undergraduate and graduate programs at Carolina.
- Open labs will be held: **Oct 10th and 25th at 5pm – limited to 20 students per session**
- **Take a tour** of the clinical laboratory with a current student.
- **Sit in on a CLS lecture** in Hematology, Immunology or Biochemistry.
- **Meet with a CLS faculty member.**

Sign up at [http://go.unc.edu/cls-learnmore](http://go.unc.edu/cls-learnmore)

3. We are currently looking for devoted and passionate students for the Duke Regional Hospital Emergency Room Ambassador Volunteer Program for the 2016-2017 academic school year. As volunteers in the Duke Medical system, participants will gain experience that is unique to the Emergency Department. If interested, apply today! Application correspondence and important dates are also listed below. If you would like to request an application, or have any questions or need further information, please contact me at pbrock42@live.unc.edu. Please also include a cover letter, resume, and unofficial transcript when applying. Thank you and I will be looking forward to hearing from you.

**Key dates:**

Application Deadline: 5:00 pm, September 2, 2016
Interview Dates: September 8 and 9, 2016
Mandatory Training: 4:30-8:00 pm, September 15, 2016
Submit applications to: Victoria.Grice@duke.edu

4. The Internet Tobacco Vendors Study (http://internettobaccovendorsstudy.com/), funded by the National Cancer Institute, is a large-scale national study of the sales and marketing practices of websites that sell tobacco products. The study assesses compliance with new and forthcoming federal regulations affecting these sales, with a focus on reductions in tax evasion and youth access. Our team is looking for a volunteer undergraduate research assistant to assist with collecting data from websites that sell tobacco products, working with teens on youth purchase surveys, data analysis, writing projects, and various other side projects as needed. There may also be authorship opportunities for students, so this position would be well suited for applicants with writing skills who would like to add publications to their resumes. Ideal applicants will have an interest and/or background in the above areas and tobacco policy, and have at least a moderate level of computer skills. This position is open to all majors. If you are interested, please send your resume to ITV Study Graduate Research Assistant Dmitriy Nikitin via email at dnikitin@unc.edu. This position was also recently posted on the Undergrad Research Database and fully describes what we do and what we're looking for in an undergrad assistant: http://cf.unc.edu/our/pubforms/detailed.cfm?id=35323

5. It's that time again and we are currently looking for students to post flyers weekly or biweekly to promote our courses.
Examkrackers is hiring a part time Campus Poster Rep for the University of North Carolina! We are looking for someone reliable who is able to hang posters on campus 2 times a month. Hours are flexible and pay is great for part time at $10/hr! If interested please send an email to jordane@examkrackers.com - make sure that the subject line of the email includes UNC!
Hiring IMMEDIATELY!
Thank you, Jordan Elliker
Eastern Regional Coordinator
Phone: 984-242-9087
Fax: 859-305-6464

6. Greetings from Duke University! I am a Duke intern helping organize a lunchtime health forum at the Trent Semans Center for Health Education on Monday, August 29, co-sponsored by Duke Cancer Institute, Pediatrics Department, and Franklin Center for Interdisciplinary and international Studies. Last year, we had many health professionals attend the forum and we wanted to reach out again this year. The Forum is titled “The Emerging Healthscape: from Personalized Medicine to Population Health” and will be moderated by the CEO of American Academy of Pediatrics Dr. Karen Remley with four distinguished panelists. We are very excited about the exceptional line-up of the speakers and hope more colleagues, faculty/staff/students from UNC will participate in this dynamic discourse on the challenges and policy implementation concerning global health, medical care, communicable diseases, Medicaid reform, and health equity. Registration and information could be found at http://jhfc.duke.edu/pomp/healthforum2016. Lunch will be provided for registered attendees.