

ARE YOU *Career Ready?*

University Career Services at UNC has provided eight professional competencies to help you prepare and succeed in the workplace. Here are some suggestions to gain exposure in each area.



Career & Self-Development

- Take a Career Education course (EDUC 111, EDUC 211 or EDUC 311)
- Utilize UCS resources to find opportunities & learn to articulate your skills
- Attend UCS Career & Internship Expos
- Seek internships to clarify your interests



Professionalism

- Part-time job on or off campus
- Excel in academics and take your studies seriously
- Volunteer with a local non-profit organization
- Create a Forage account to develop relevant skills



Equity & Inclusion

- Get Safe Zone & Green Zone trained
- Attend the ACC Student Leadership Symposium or Join Carolina United
- Take courses in Global Studies
- Volunteer with organizations who support under-served communities



Teamwork

- Join an intramural sports team
- Join a sports club through Campus Rec
- Be an engaged & contributing team member in all group projects
- Join or start a student club



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Critical Thinking

- Talk to professors about turning class projects into research
- Visit innovate.unc.edu to learn about campus resources for innovators
- Become involved with the UNC Parr Center for Ethics



Leadership

- Get a part-time job on or off campus
- Volunteer with a local non-profit organization
- Participate in leadership trainings through Student Life & Leadership



Technology

- Seek out social media responsibilities in a student organization
- Create a LinkedIn profile and use it regularly
- Take a class through Skillful Labs at the Library
- Develop skills through LinkedIn Learning courses
- Participate in the HackNC hackathon



Communication

- Become a Career Peer with UCS
- Practice your interview skills with a UCS career coach
- Publish thought pieces on social media
- Become a social media expert or influencer
- Become a brand ambassador
- Assume a leadership position with a club or organization

