Explore Careers with a Micro-Internship Guide

This resource is meant to encourage students, especially for liberal arts majors, to explore projects and industries that they may not be familiar with. Even if their major does not match the exact project, students are welcome to pursue these opportunities. Contact Kelsey Durham at kelsey.durham@unc.edu if you have any questions.

- If you have a variety of interests, define your career goals by applying to different micro-internships ranging in professional career paths.
- Seek out new opportunities, even if they don't align with your major. There are a variety of project categories, such as research, finance, marketing, etc.
- Micro-internship projects are paid, low commitment professional experiences that provide you with the flexibility to try anything that interests you.
- Trying something new can help you discover what you are interested in or expose you to other career paths
- Since micro-internships are low commitment, you can gain exposure to different industries and companies across the nation due to the remote projects available.
- What you learn from doing a micro-internship is just as important as what you learn in a classroom.
- If you are a liberal arts major, there are many transferable skills from your major that can be valuable for pursuing micro-internship projects that don't exactly align with your major.
- Doing micro-internships also allow you to see how these transferable skills can be applied to various industries. For resources on exploring industries, check out First Hand.
- To identify career paths that align with available micro-internship projects and elevate the value of micro-internship projects, check out "What Can I Do With This Major."
- Approach any projects that interest you with persistence and a willingness to learn new skills.
- Exploring projects can help you better understand your own strengths and preferences, which can boost your confidence in declaring your major or finding a summer internship.